

Good News Magazine

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rJo Winch, Hartford's 1st Black and 1st Female Council President credits mom for her civic pride.

"My mother raised me to be a giver. I naturally love people so I continue to give effortlessly", rJo Winch.



**rJo Winch and her mother
Prenzina Holloway**



Hartford's 1st Female Council President, a founding member of McBlows Consulting Service and Co-Chair of the Multi-Cultural Community Alliance

rJo grew up in the north end of Hartford, CT. She graduated from Hartford Public High School, and holds an Associates Degree from Community College of the Air Force in Human Resources and a Bachelors from the University of Hartford in the Fields of Human Services and Organizational Leadership.

rJo, which she prefers to be called, is the shortened version of Rosezina Joyce. She is the first of eight children born to Prenzina Holloway and is also the first of her siblings to enlist in the Armed Forces. Her choice was the United States Air Force in June of 1976 where she served until 1999. Unknowingly then, the challenges she faced to become a Master Sergeant and Master Military Training Instructor would be present again while serving in the City Council. Overcoming these challenges in the past prepared her for Hartford politics and increased her determination to work harder. It was her hard work, collaborative spirit and dedication that led rJo to become Hartford's first Council member to hold every leadership position within that same City Council. rJo has proven time after time that she is able to adapt when thrust by choice or by force into a male dominated environment, so, in 2011 when Hartford's Democratic Town Committee, which also included women, did not endorse her or any other woman, she was not discouraged from staying involved. "I often find myself in difficult situations. Some people say its because I think like a man. I'm not sure what that means. I just strive to do my best. If that is thinking like a man; then so be it. I guess this may be the same reason I'm not seen as a commodity for some people because I also cannot be owned. I support who and what I believe in and I don't seek anyone's permission. This too is difficult for people to understand because my efforts seldom benefit me financially. I have to constantly remind people that my community service is not for money. My efforts are purposefully to benefit others, and I stand by my own convictions. I will not compromise my beliefs because I realize how important it is to be a person who has unwavering integrity that is shown in the daily department of my earned or given responsibilities. I believe I have been given a charge to aid others in the strengthening of our sisters and brothers, guiding our children with love, teaching them that love is color blind and that success is for anyone willing to strive to achieve it. I also encourage others to define their own success as having the power to positively influence the lives of others," states rJo.

rJo is multi-talented in the fields of communication and electronic media. She is a published author of 3 books: "Welcome Home", co-authored by her daughter Shaquasia Marie, "loving One Man" and "Limelight" with her 4th publication on the way entitled "Behind the Municipal Door."

She is an advocate for youth programs and early workforce preparation. As a survivor, she encourages women to guard themselves and their children against domestic violence, mental and physical abuse. Her relationships with community minded residents lead to the formation of groups like the Multi-Cultural Community Alliance (MCCA) to help others deal with economic struggles, empowerment and find employment opportunities. The MCCA's mission is to assist residents of Hartford and surrounding towns by encouraging them to work together and look at their many differences as opportunities to learn.

She is the owner of Classique Creations In-Home Childcare and one of the founding members of McBlows Consulting Service. She is the mother of Shaquasia Marle Goldsby and the Grandmother of Dasharia Gaynor.

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GETTING THINGS IN ORDER

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Table of Content

rJo Winch Good News	02
Developing The Leader In You	04
Enjoying My Marriage	04
Diamonds & Butterflies	05
Faith News	11
Home Going Celebration	06
Salon News	08
Where To Go For Help	11
Living Healthy	07
Presenting with Power	09



Words From The Editor

A New Year brings new beginnings, with new hopes and expectation. Live your life purposefully, don't waste your time on things and people that are not heading in your direction. Understand you cannot take everyone with you on the 2012 quest. By now you should have evaluated and made some decisions that involves letting go and moving forward .

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SPONSOR'S PAGE

Percy Auto.....	10
Tires Unlimited.....	10
Mr. Pizza.....	10
Windsor St. Auto.....	10
Sparks Motor Sale.....	10
K & M Jewelry	06
Salon Destiny.....	08
Triple A Diner	07
QQ Jewelry	09
Ministry Info.....	11
Locks Groomer.....	09
Center Market.....	06
Hair & Spa.....	03

Publications

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• ***Writers***

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• ***Editor***

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• ***Photographer***

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Enjoying My Marriage Recommended by Pastor Dornett

How Wonderful to See

It truly is an anomaly in a world such as ours these days to see a truly happy couple...divorce seems more common than having a dog. But to see an older couple holding hands...showering each other with kindness and affection just melts me. I believe it gives us hope that marriage can be good. Perhaps it is possible to survive the struggles of young love, child rearing, work and everyday stress....then come home to the one that is connected to your heart and soul and have nothing but love for them. Go to bed glad to have them next to you and wake with that same unconditional love.

For those of us who didn't get it right the first time I have confidence in seeing love between men and women in their older years. I hope that one day I will marry the one I was made for and when I am old and gray inspire the younger generations in love.

Wish me luck.....

Writer Unknown

Developing The Leader In You

Great leaders lead by planting dreams in the hearts of followers. When Jesus “saw the multitudes, He was moved with compassion for them” (Matt. 9:36). Jesus’ vision of people moved Him to action. His vision of people motivated Him to preach His greatest sermon, the Sermon on the Mount (Matt. 5:1ff). His vision of people motivated Him to give His greatest call for prayer, a prayer for workers (Matt. 9:38). Finally, His vision motivated Him to give His greatest challenge, a call to make disciples of all nations (Matt. 28:18-20).

Both vision and dreams (the law uses dreams and vision interchangeably) describe the first mandate of leaders. “A leader must direct people to a desirable objective.” To state it in every day language, “When people buy into your dreams, they buy into your leadership.”

Law One: The Law of Dreams

Descriptive statement: People follow a leader who directs them to a desirable objective.

Prescriptive statement: The leader must direct followers to a desirable objective. When people buy into your dreams, they buy into your leadership. The dream of Martin Luther King, Jr., ignited the black community of the United States. “I have a dream,” he cried from the front of the Washington Monument in the nation’s capital to over one million listening ears. The civil rights leader was an Old Testament seer (prophet). He saw “a little black boy and a little white boy in Georgia play together.”

The dream of King led to the passing of Civil Rights legislation giving equality to a disenfranchised minority. He epitomized leadership by leading a nation to legally abolish the pervasive barrier of inequality that was practiced in America. When the black community bought into King’s dream, they made him their uncontested leader. They endured the police dogs that were released on them. They did not give up when fire hoses were turned on them. Many went to jail for the dream. It was a dream of freedom. When the legislators bought into King’s dreams, they enacted the laws needed to carry out those dreams. The most powerful tool a leader possesses is dreams. In the Old Testament, prophets led the nations without the sword, legislative office or political might. They led with a thunderous voice. They spoke for God.



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Love Worth Finding

...I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.
Romans 8:38-39 (NLT)*

Wow! This means that nothing (not even me) is strong enough to separate me from the loving hands of God since He is determined to hold on to me. There is nothing that I can do that is so bad that will make God stop loving me. He will continue to love me even in the midst of my mess. As a matter of fact, He got right in the middle of my mess and loved me through the mess.

God's love is perfect and unconditional (Agape). He loves us because He made us. He is our Father, and we are His children. The most awesome thing is, God showed his great love for us by sending Christ to die for us WHILE WE WERE STILL SINNERS (Romans 5:8 NLT*). Jesus expressed His great love by willingly enduring the cross as the penalty for our sin. “There is no greater love than to lay down one's life for one's friends.” (John 15:13 NLT*).

God's love is not a feeling. It is the very essence of His character. God is Love! Love is patient and kind. Love is not jealous or boastful or proud or rude. Love does not demand its own way. Love is not irritable, and keeps no record of being wronged. Love does not rejoice about injustice but rejoices whenever the truth wins out. Love never gives up, never loses faith, is always hopeful, and endures through every circumstance. (1 Corinthians 13:4-8 NLT*)

God's love is great! So great in fact that He made provision for us to have a never ending supply of mercy. “The faithful love of the LORD never ends! His mercies never cease. Great is his faithfulness; His mercies begin afresh each morning” (Lamentations 3:22-23 NLT*). God thought of everything. He knew I would need new mercy every day because I use every bit of mercy that is allotted to me each day. Thank you Father! Then on top of that, there is His abundant grace which is all we need to make it through this life one day at a time (2 Corinthians 12:9 NLT*).

God's love is pure. There are no hidden agendas or ulterior motives. There's no bait and switch with His love. His love comes with a great benefits package. He will always love you and never leave you. He will be with you in good times and bad times. He will rejoice when you rejoice and He will hold you when you mourn. When you cry He will wipe away your tears. When you are down He will lift you up. He will supply all your needs. He will shower you with blessings. He will fight your battles. He will keep you in perfect peace. He will quiet the storms of life. He will give you eternal life.

If you are looking for this kind of love, seek God. Open the door of your heart and let Jesus in. Allow yourself to develop a relationship with the Father and the Son and the Holy Spirit. The greatest benefit is realized when Love is mutual. As it is written: “No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him.” (1 Corinthians 2:9 NLT*). There is no other love like this anywhere. This is LOVE worth finding!

May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all. (2 Corinthians 13:14 NIV*)

A Celebration of life.

Inspiration

You Can Be Whatever You Want To Be!

There is inside you
all of the potential
to be whatever you want to be,
all of the energy
to do whatever you want to do.

Imagine yourself as you would like to
be,
doing what you want to do,
and each day, take one step
towards your dream.

And though at times it may seem too
difficult to continue,
hold on to your dream.

One morning you will awake to find
that you are the person you dreamed
of, doing what you wanted to do,
simply because you had the courage
to believe in your potential
and to hold on to your dream.

~ Donna Levine ~

Birthday:

May 12, 1962

Death:

 March 19, 2012

Place of Rest:

gulf of Mexico

Lovelet was the baby of the family she had 3 brothers and 4 sisters, born in Bradenton Florida in 1962 and died of cancer after a 1 year and 7mo. battle. She was a loveable person , who got along with every body, loved to fish. she is missed , WE WILL SEE YOU SOON...



Birthday:

 April 17, 1760

Death:

 March 20, 2012

Place of Rest:

 Jamaica

Janet Moore was the oldest of the family she had 3 brothers and 3 sisters, born in Jamaica in 1960 and died after a 2 year battle with breast cancer. She was a funny person to be around, who got along with everybody. Will be missed by her family.



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Best Ways to Get Rid of Blackheads by: Mixzy Witz

Blackheads are often very much disturbing to you especially when it appears on your face, forehead or chin. These appear when the skin's oil glands discharge excess skin oil combined with dust particles, old skin debris, bacteria or other impurities. You'll find many individuals seriously looking for ways to just learn how to get rid of blackheads.

There are several things you can try to prevent blackheads from appearing on your face. Just be sure that before starting to make use of them you have the very best method that truly works with no harmful effects such as skin burns. You will find a lot of products in the market promoting the way to get rid of blackheads.

What Can Cause Blackheads?

Not using proper skin cleaning regularly is one of instances that blackheads appear. By just cleansing the face with soapy water, prevents the appearance of [acne](#) and blackheads. However, it is possible for some individuals to still experienced blackheads even when they do a frequent face washing.. Yes, that is because not just dust can cause blackheads, you must consider also the things below; .

Hormones - everybody knows that one major factor causing development of blackheads is excess oil. Basically, hormones can increased the production of oil in your skin which gives more chance to develop blackheads.

[Skin care](#) and make-up - Some facial make-up can actually cause blackheads as this will absorb to your skin, mixed with your body's oil and can develop block ed pores.

Toxins - both whitehead and blackhead [pimples](#) development looks like it's a predisposed condition which is aggravated or increased when toxins combined.


Tips on how to prevent blackheads

Based on some dermatologist, there's actually no permanent treatment to stop blackheads, however this can be minimize by taking good care of your skin consistently. As is possible, avoid using creamy facial products. Facial cream can certainly increase the chances of sprouting blackheads.

Furthermore, avoid using bar soap as it might clog the pores in your skin. It is the best option also especially when you have [oily skin](#) using a clay mask hat. Just make certain that it doesn't contain mint, peppermint or other irritating ingredients. In this way, the oil that may clog the pores will be absorbed. You can use oil absorbing papers as well as this can reduce oil in your pores.

Better means to reducing blackheads in the face is the combination of rose water and fullers. Using rose water and fullers earth, this can make your face smooth and reduce excess oil on your skin. Mix equal parts of almond oil, lemon juice and glycerin and gently massage this combination to your spots, zits, pimples and blackheads. You'll see your blackheads vanishing slowly.

Best Marinated Grilled Chicken

- 
- 1 1/2 cups water
 - 1/3 cup rice wine
 - 1/3 cup sesame oil
 - 1/4 cup soy sauce
 - 2 tablespoons honey mustard
 - 1/4 cup brown sugar
 - 2 dashes liquid smoke flavoring
 - 1 (.7 ounce) package dry Italian-style salad dressing mix
 - 1 tablespoon grated orange zest
 - 1 teaspoon ground ginger
 - 2 teaspoons paprika
 - 1 teaspoon fines herbs
 - 1 (4 pound) chicken, skin removed, cut into pieces
 - 6 sprigs fresh rosemary

Directions

In a large shallow dish, combine water, wine, sesame oil, soy sauce, mustard, brown sugar and liquid smoke. Stir in Italian dressing mix, orange zest, ginger, paprika and fines herbs. Place chicken in the dish, and turn to coat. Cover, and refrigerate overnight.

Preheat an outdoor grill for medium heat, and lightly oil grate.

Discard marinade. Grill chicken 15 to 20 minutes per side, until no longer pink and juices run clear. Occasionally place rosemary sprigs on coals to impart a unique smoky flavor to chicken



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Salon Destiny, founded in 1996 by the owner and proprietor Yolanda Leatherwood, is becoming the premiere salon in the Hartford area and its surrounding cities. Upon arrival you, as our client, will be greeted with a warm welcoming smile in an atmosphere created to make you relax and unwind. We value your time at Salon Destiny so we schedule all appointments to accommodate your specific need and desires. It is our goal to have each client experience world class professionalism and customer service at every visit. Our waiting area is complete with

refreshment for your convenience. Please come and celebrate a new long lasting experience that will have you not only feeling beautiful but will have you loving the way you look.

Individually, Yolanda is a licensed, accomplished and highly recognized Master Stylist in the world of hair and beauty. She has over 20 years of knowledge and experience and uses all that she has learned to rebuild, restore and repair dry brittle hair and transforming it into healthy free flowing manes. As a expert in cutting and coloring Yolanda has taught all the stylists that have been employed in her salon how to manipulate and style all textures of hair. Recently, Yolanda has traveled and styled as a platform artist for some of the most notable hair care companies. She prides herself on not only the dreams she has for her salon, but also the aspirations she has for her community.



Men With A Purpose

By Kevin Daley

Recommended By Pastor Hasan Abdullah

Presenting with Power

Putting leadership on parade does not come naturally to some leaders, particularly those who have led primarily by issuing directives. But presenting with power is a skill easily learned. Once learned, it becomes a habit and each presentation becomes increasingly effective. In any meeting, large or small, the effective leader captures the listeners' attention immediately, holds it for the duration of the presentation, and creates the kind of energy that generates action.

The leader should organize the message so it is clear and compelling. He appeals to both the heart and head. He tells stories that involve the audience --and reveals his humanity, which is essential for establishing trust. The stories paint word pictures, with characters, settings and action. The leader makes deliberate use of wording, voice, posture, movement and timing. And his most powerful communications tools are his eyes.

Steady, warm eye contact conveys credibility. Failure to make eye contact can signal unease, defensiveness or perhaps lack of candor. When talking with one person, the leader looks at the other's eyes, then moves away to avoid causing discomfort. With a large group, he makes everyone feel included by making eye contact with one person in the audience for as long as it takes to express a thought, and then moves his eyes to someone else in a different part of the room.

Some things to think about, what would you had to this story "presenting with power."

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Alphonso McGriff III, a Hartford, Connecticut native, is an award winning stylist, an educator, platform artist, public speaker, poet, writer, and inventor. He has recently invented/created two products. One "Grooms the Mind" for effective communication, and the other "Grooms Dreadlocks."

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